



Nicola Turner Ayurveda

Waiver

My Ayurvedic Practice offers an integrated and educational approach to health. The goal is to provide self-healing tools for restoration of health by decreasing the occurrence of imbalances. Ayurvedic Therapy is a long term, slow acting preventative therapy which includes diet & lifestyle changes, ayurvedic bodywork & treatments and a stress management plan using yoga and meditation practices.

The client's wellbeing is the first and foremost consideration in my practice.

I have been practicing massage/bodywork since 1999, trained and certified by both NHI, Emeryville, San Francisco School of Massage, San Francisco and Esalen, Big Sur. I graduated from Mount Madonna Institute in January 2015 as a NAMA certified Ayurvedic Practitioner. I am also a YTT 200 Yoga Teacher, trained at Shakti Yoga Shala in Boulder Creek, CA.

I am not a licensed physician nor are my services licensed by the State of California.

My method of Bodywork and Ayurvedic treatment is alternative or complementary to healing arts that are licensed by the State of California. Under sections 2053.5 and 2053.6 of California's Business and Profession's Code. Nicola Turner Ayurveda has not been evaluated by the Food and Drug Administration (FDA). None of the treatments, products or education recommended by Nicola Turner are intended to diagnose, treat or cure any disease.

Please do not take my Ayurvedic therapies and recommendations to substitute any western medical treatment you may be receiving.



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Ayurveda is NOT a medical plan.

If you ever have any concerns about the nature of your treatment, please feel free to discuss them with me. I recommend that you inform your medical doctor that you are receiving my above described services/ treatments.

Acknowledgement and Consent to Receive Services:

I have read and understand the above disclosure about the Bodywork and Ayurvedic treatment offered by Nicola Turner and Nicola Turner's training and education. I have discussed with Nicola Turner the nature of the services to be provided. I understand that Nicola Turner is not a licensed physician and that her Bodywork and Ayurvedic services are not licensed by the state. I understand it is my responsibility to maintain a relationship for myself/my child with a medical doctor. I have consented to use the services offered by Nicola Turner Ayurveda, and agree to be personally responsible for the fees of Nicola Turner in connection with the services provided to me.

Nicola Turner is not licensed by the State of California as a healing arts practitioner.

The information I have provided is filled out honestly and with integrity.

Patient or Guardian's Signature:

Date:
